

SEPTEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	¹ HEALTH GROUP W/ BEN @ 10:30 AM TOWN SQUARE MALL @ 12:30 PM	² COLOR & CONVERSATION @ 10 AM	³ Dungeons & Dragons @ 10 AM	⁴ NINTENDO SWITCH SUPER SMASH BROS @ 10 AM
⁷ CLOSED IN RECOGNITION OF LABOR DAY	⁸ PEER BRIDGER GROUP @ 9 AM CREATIVE WRITING @ 10:30 AM W/ SHONIQUEA CIDER MILL @ 12:30 PM	⁹ MUSIC & MENTAL HEALTH @ 10 AM W/ CHAKARIS CHALK THE WALK @ 10:30 AM & 12:30 PM	¹⁰ K-POP & J-POP GROUP W/ RACHEL @ 10:30 AM	¹¹ MENTAL HEALTH GROUP @ 10 AM
¹⁴ UHS PEER BRIDGER GROUP @ 10 AM	¹⁵ PEER BRIDGER GROUP @ 9 AM ALDI'S @ 12:30 PM	¹⁶ STONE PAINTING W/ POSITIVE MESSAGES @ 10 AM	¹⁷ MEMBER ADVISORY COMMITTEE @ 12:30 PM	¹⁸ DUAL RECOVERY ANONYMOUS @ 10 AM MOVIE & POPCORN DAY
²¹ HOBBY GROUP W/ REBECCA @ 10:30 AM THRIFTY SHOPPER & DOLLAR TREE @ 12:30 PM	²² UNDERSTANDING SELF-WORTH @ 10 AM	²³ CLOSED FOR ALLIANCE CONFERENCE	²⁴ CLOSED FOR ALLIANCE CONFERENCE	²⁵ CLOSED FOR ALLIANCE CONFERENCE
²⁸ UHS PEER BRIDGER GROUP @ 10 AM	²⁹ PEER BRIDGER GROUP @ 9 AM FIRST AID GROUP @ 10 AM	³⁰ TIOGA DOWNS @ 10 AM	COMMON GROUND WELLNESS CENTER 290 FRONT ST BINGHAMTON NY (607) 773-1184 MONDAY - FRIDAY 8:30 AM - 3 PM INTAKES & TOURS MONDAY - FRIDAY 12:30 PM - 2:30 PM	