



The RSVP Gazette – Autumn 2023

Retired & Senior Volunteer Program of Broome County



Autumn is a second spring when every leaf is a flower

- Albert Camus

Live Life Passionately... Volunteer

AmeriCorps is an independent, federal grant-making government agency whose mission is to improve lives, strengthen communities, and foster civic participation through service and volunteering.

Volunteer Opportunities

Food Pantry Volunteers

Volunteers assist clients at the food pantries, located in Binghamton and Endicott. Volunteers work with clients and stock shelves. Additional volunteers unload trucks.

Bone Builder Exercise Leader

Train and lead strength training exercise classes in your community

Mentor Now Program

City of Binghamton Schools. Mentor a child weekly for the school year.

Good Afternoon Broome (GAB) Telephone Social Connections Caller

Become a friendly caller and make new friends. Serve by combating social isolation, helping older adults to keep socially connected.

Faith in Action Program at the Council of Churches

Many opportunities: administration, driving, shopping, friendly visiting

Willow Point Nursing Home

Gift Shop volunteers needed to assist customers and help in the gift shop.

Choose days and times that fit your schedule:

Monday – Friday, 10:00AM – 12:00PM; 2:00PM – 4:00PM

Good Morning Broome Telephone Reassurance Program

Call participants to provide a friendly wellness check. Call RSVP for information.

Clothing Room Volunteer- First Presbyterian Church of JC

Duties include sorting and hanging clothing donations, organizing clothes

Clothing Closet Volunteer- Mothers & Babies Perinatal Network

Duties include sorting and hanging clothing donations, organizing clothes

Food Bank of the Southern Tier – Food Distribution

Volunteers needed the 4th Tuesday of every month, from 9am – 12pm, on W. State St. Binghamton, to fill boxes for distribution; flag cars. Must have the ability to lift 20lbs and stand for 3 hours

First Ward Senior Center

Volunteers help with lunch service and clean up in the kitchen. Volunteers also take lunch reservations by phone.

Broome County Office for Aging, Meals on Wheels

Deliver meals and act as a friendly visitor. Volunteers deliver nourishing meals to Meals on Wheels participants Monday-Friday. As volunteers deliver meals, they provide a check on each participant's well-being.

Broome County Office for Aging, Yesteryears Program

Activity Leaders for social adult day programs in Endwell or Binghamton. Volunteer weekday mornings 9:30AM – 11:30AM, afternoons 1:00PM – 3:00PM. Work around your schedule - volunteers serve one or more days a week/month. Assist with games and conversations.

Broome County Office for Aging, Senior Centers

Explore the volunteer opportunities at your area senior center. Volunteer for meal service support and also in the office. Call for information!

Broome County Office for Aging, Senior Newspaper Assembly

One day per month for approximately 2 hours in the afternoon. Time of day is flexible. The specific volunteer day each month will be during the last week of the month, once newspapers are delivered from the printer.

Samaritan House

Take in and hand out donations, 9am – 11am/12pm – 2pm Tues, Wed, Thurs

For additional volunteer opportunities – call for information!

Live Life Passionately... Volunteer

Good A Afternoon B Broome

*Let's **GAB** !*

Social Connection Telephone Program for Older Adults



Sponsored by: The Retired & Senior Volunteer Program (RSVP)

Call RSVP for information/registration at: 607.729.9166

Would you like a phone friend to talk with once or twice a week?

The GAB program offers companionship during this unprecedented time. Healthy Aging includes being connected to others and reducing social isolation.

Would you like to be a telephone volunteer from your home?

Join RSVP and be rewarded by connecting to participants and making new friends.

Make giving back your second act!



NY Connects is a trusted resource that provides free information and assistance on long term care, administered locally through a partnership between the Area Agency on Aging and the Local Department of Social Services. NY Connects is part of a national movement establishing Aging and Disability Resource Centers in each state to assist in long term care reform.

NY Connects

Your Link to Long Term Services and Supports
Of Broome County
(800) 342 – 9871 (607) 778 – 2278

Broome County Office for Aging Senior Resource Line

Connects people to community services and programs.

Call the **Senior Resource Line at 778 – 2411**

Weekdays from 8:30am – 5:00pm

Website: www.gobroomecounty.com/senior

Check out the monthly Senior News!

Need Help? Dial 2-1-1



Real People

Real Answers

Real Help

Or dial: 1 -800-901-2180

www.helpme211.org

Susquehanna River Region

Get Connect. Get Answers.

Thank you to our Advisory Council! We appreciate you!



If you would like to join our RSVP Advisory Council beginning 2023, please call the RSVP office at 729 – 9166. The RSVP Advisory Council meets 5 times per year, to support the RSVP Program.



RSVP of Broome County

232 Main Street Binghamton, NY 13905

Phone: 607-729-9166, Fax: 607-584-4667

RSVP is sponsored by Catholic Charities of Broome County

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