

WORK ORDERED TASKS

The units are designed to support members in rebuilding their self-confidence and developing the skills needed to lead independent, fulfilling social lives. Your dedication to the club is demonstrated through regular, consistent attendance and active, voluntary participation in unit activities.



Four Seasons Club



*Join us in the afternoon
for a variety of groups
and recreational outings!*

Contact Us



290 Front Street Binghamton, NY 13905

Phone: (607) 773-1184

FAX: (607) 723-3304

Hours: Monday-Friday 8:30am-3:00pm

Website: catholiccharitiesbc.org

Located along #8, the Front St Bus

*A place where
everyone is
needed,
wanted,
expected, and
missed when
not here*

WHAT IS THE FOUR SEASONS CLUB?

The Four Seasons Social Club is a welcoming space for adults living with mental health challenges, offering a safe and supportive environment to connect with peers and enhance overall well-being. The Club serves as a place to build and strengthen life skills in areas such as social interaction, independent living, and employment. Our compassionate and dedicated staff are committed to helping members grow and thrive.

Our primary goal is to support members in successfully integrating into the community, reducing the risk of rehospitalization, and fostering meaningful social connections. At the heart of the Four Seasons Club are its members—each individual brings unique strengths, ideas, and energy that enrich our community.



WORK UNITS

Culinary

The Culinary Unit is a vibrant and inclusive space for members who enjoy cooking or want to build their culinary skills. Whether you're a seasoned cook or just starting out, this unit offers hands-on experience in preparing simple, healthy meals that promote wellness and independence.

Members actively participate in every step of the meal process—from planning menus, to grocery shopping, and meal preparation.

A monthly meal calendar is created in advance, incorporating ideas and recipes suggested by members, giving everyone a chance to contribute creatively.



Clerical

The Clerical Unit serves as the business hub of the club, where members take on responsibilities such as tracking attendance, making copies related to club activities, and making outreach calls. It also includes managing the front desk—the first point of contact for visitors—where members greet guests and answer phone calls, helping create a welcoming environment.

This unit is in charge of scheduling and leading Club tours, guided by trained Club members.

With staff support, clerical members also help produce the monthly club newsletter, a creative and collaborative outlet where members can share information, ideas, and showcase their talents.



Snack Bar & Maintenance

Members in the Snack Bar Unit take on responsibilities such as operating the cash register, preparing drinks, stocking the soda cooler, pricing snacks, tracking inventory, and making monthly shopping trips to Sam's Club.

Maintenance Unit members help with daily cleaning tasks like mopping, sweeping, dusting, spot cleaning, vacuuming, and placing supply orders. If you enjoy the outdoors, there are opportunities to plant flowers and maintain the agency grounds.

HOW TO BECOME A MEMBER

To become a member of the Club, we will need a referral—this can be from your doctor, care manager, therapist, or clinician, along with a recent assessment to help determine eligibility. Once we receive and review this information, we'll schedule a tour for you to visit, meet our members, and get a feel for what we're all about.

If you're interested in joining after the tour, we'll arrange a day for you to begin orientation. During orientation, you'll spend time in each of our units (Clerical, Snack Bar & Maintenance, and Culinary, to explore what each one offers and discover what interests you most.

After completing orientation, you officially become a MEMBER!

We encourage members to attend at least twice a week to stay active and engaged in the Club community.

